

JENNYSWELL CHILDREN'S NURSERY

WINTER MENU 1

SNACK A.M	LUNCH	SNACK P.M
Wholemeal Toast sunflower spread Selection of fruit	Spaghetti Bolognese with added Veg Custard and Fruit	Breadsticks & cheese spread Selection of fruit
Crackers & Cheese Selection of fruit	Potato's, Fish Fingers & Peas Semolina	Sandwich (ham) Selection of veg
Toast sunflower spread Selection of fruit	Spanish Chicken & Rice with added veg Apple Pie & Custard	Rich tea biscuit Selection of fruit
Pitta bread (chicken) Selection of veg	Tuna & Sweetcorn Pasta Bake Yoghurts	French loaf sunflower spread selection of fruit
Oatcakes & cheese Selection of fruit	Homemade Lentil Soup with wholemeal bread Rice Pudding	Digestive Biscuit Selection of fruit